



Mathias Fritzen – CV

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# Coaching

- Next Level Coaching – MathiasFritzen.com – Basel, Switzerland
- Author – *Praktische Spiritualität für das Leben, wie es wirklich ist*
- Speaker – University of Basel, Potential Talks, EBBF, World Happiness Agora etc.
- Facilitator – 50+ events with 200+ participants – Switzerland / Europe
- Author – *Applied Spirituality for Bullshit-Free Living*
- Lectureship – University of Dortmund – Dortmund, Germany
- Trainer – Applied Spirituality Coach Training Program – Basel, Switzerland
- NLP Master Practitioner – Complementary Therapists Association – London, UK
- Professional Certified Coach – International Coach Federation – Basel, Switzerland
- Guest Lecturer – University of Dortmund – Dortmund, Germany
- Professional Coaching – EXPLORE TRUTH – Basel, Switzerland
- Associate Certified Coach – International Coach Federation – Basel, Switzerland
- Energy Leadership Master Practitioner – iPEC Coaching – London, UK
- Certified Professional Coach – iPEC Coaching – London, UK
- TRuST Headcoach – ParkourONE Academy – Bern, Switzerland
- TRuST Coach – ParkourONE Academy – Bern, Switzerland
- Creative Consulting (12 years) – fritzen.design – International

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# Design

- 2016 **Digital Design Freelance (12 years)** – Lufthansa, Vitra, Seat, Veltins, Montblanc, Congstar, Gothaer, Deichmann, Otto, Vodafone, DHL, Telekom, Unity Media, Sky, Miele, Allianz, Rewe, Fila etc.
- 2012 **Accreditation Commissioner** – Acquin e.V. – Konstanz, Germany
- 2011 **Art Director** – people interactive GmbH – Cologne, Germany
- 2010 **Design Awards** – Annual Multimedia Award / Digital Signage Best Practice Award / Favorite Website Award / German Design Award Nominee / Red Dot Award / iF Communication Design Award
- 2009 **Junior Art Director** – BUTTER. Agentur für Werbung – Düsseldorf, Germany
- 2008 **Diploma (-MA) in Communications-Design** – Folkwang University of Arts
- 2008 **Assistance** – SANAA Facility – Essen, Germany
- 2007 **Assistance** – Prof. Thomas Rempen – Essen, Germany
- 2004 **Internship** – Castenow Communications – Düsseldorf, Germany

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# Life

- Compound Archery – BSFD Schallbach e.V. – Schallbach, Germany
- Certified Member – TORR.org Community
- Certified Member – Mensa in Deutschland e.V.
- Composing Music + Playing Percussion – Ableton, Djembe, Hang
- Poker (-2 million hands) – Offline + Online
- Cofounder – ParkourONE Association – Basel, Switzerland
- Featured Parkour-Athlete – ZDF, RTL, ProSieben, FAZ, Adidas etc.
- Abitur (high-school diploma) – Albert-Einstein Gymnasium – Duisburg, Germany
- Shaolin Kung-Fu (16 years on and off) – VfKT – Moers, Germany
- Judo (10 years) – Turnerbund Rheinhausen 05 e.V. – Duisburg, Germany
- Counter-Strike (Top 10 Europe) – ClanBase League
- Born Lion on 4.8.84 – Duisburg, Germany



**NEXT LEVEL  
COACHING**

[www.MathiasFritzen.com](http://www.MathiasFritzen.com)