



# Mathias Fritzen – Résumé / CV

## Coaching

### Work

Main Focus Area – Next Level Coaching – MathiasFritzen.com – Basel, Switzerland

Since 2021 – Advisory Committee Member – Stille in Basel, OFFline in Basel, Switzerland  
Since 2019 – Trainer – Next Level Coach Training Program in Basel, Switzerland  
Since 2018 – Guest Lecturer – University of Dortmund in Dortmund, Germany  
Since 2018 – Speaker + Facilitator – University of Basel + Bern, EBBF, World Happiness Agora etc.  
2017/2018 – Professional Coaching – EXPLORE TRUTH in Basel, Switzerland  
2010-2016 – Creative Consulting – fritzen.design

### Book Publications

2022 – *Quadrat oder Stern? (Mini-Booklet)*  
2022 – *Square or Star? (Mini-Booklet)*  
2021 – *X-Factor – The Spiritual Secrets Behind Successful Executives and Entrepreneurs*  
2021 – *99 Über-Lebens-Skizzen*  
2020 – *99 Doodles for Life*  
2019 – *Praktische Spiritualität für das Leben, wie es wirklich ist*  
2018 – *Applied Spirituality for Bullshit-Free Living*

### Certificates / Trainings

2022 – Positive Intelligence – Shirzad Chamine in San Francisco, USA  
2020 – Intuitive Therapeutic Archery – Michael Lindner in Tübingen, Germany  
2019 – Professional Certified Coach – International Coach Federation in Basel, Switzerland  
2019 – NLP Master Practitioner – Complementary Therapists Association in London, UK  
2018 – Associate Certified Coach – International Coach Federation in Basel, Switzerland  
2017 – Energy Leadership Master Practitioner – iPEC Coaching in London, UK  
2017 – Certified Professional Coach – iPEC Coaching in London, UK  
2014 – TRuST Headcoach – ParkourONE Academy in Bern, Switzerland  
2012 – TRuST Coach – ParkourONE Academy in Bern, Switzerland

## Design

2004-2016 – Digital Design + Creative Direction Freelance – Lufthansa, Vitra, Seat, Veltins, Montblanc, Congstar, Gothaer, Deichmann, Otto, Vodafone, DHL, Telekom, Unity Media, Sky, Miele, Allianz, Rewe, Fila etc.

2004-2016 – Design Awards – Annual Multimedia Award / Digital Signage Best Practice Award / Favorite Website Award / German Design Award Nominee / Red Dot Award / iF Communication Design Award

2014 – Accreditation Commissioner – Acquin e.V. – Konstanz, Germany

2011/2012 – Art Director – people interactive GmbH – Cologne, Germany

2011 – Junior Art Director – BUTTER. Agentur für Werbung – Düsseldorf, Germany

2010 – Diploma (=Master of Arts) in Communications-Design – Folkwang University of Arts  
2010 – Assistance Project Management – SANAA Facility – Essen, Germany  
2009/2010 – Assistance Integrated Design – Prof. Thomas Rempen in Essen, Germany

2004/2005 – Internship Design – Castenow in Düsseldorf, Germany

## Life

Today – Intuitive Archery  
2020 – National Championships Qualifier Compound Archery – Germany

2013-2017 – Certified Member – Mensa in Deutschland e.V.  
2012 – Certified Member – TORR.org Community

2005-2011 – Texas Hold'em Poker – Offline + Online (~2 million hands)

2002-2006 – Featured Parkour-Athlete – ZDF, RTL, ProSieben, FAZ, Adidas etc.  
2005 – Co-founder ParkourONE Association – Basel, Switzerland

2004 – Abitur (High-School Diploma) – Albert-Einstein Gymnasium

2000-2016 – Shaolin Kung-Fu – VfKT in Moers, Germany  
1991-2002 – Judo – TB Rheinhausen 05 e.V. in Duisburg, Germany

1998 – Counter-Strike (eSports) – ClanBase League (Top 10 Europe)  
Since 1996 – Composing Music + Playing Percussion – Ableton, Djembe, Hang

1984 – Born Lion – Duisburg, Germany